



## **Notice: 16/2022-23**

7.12.2022

To: Parents / Guardians,

### **Be Vigilant Against the Spread of Communicable Diseases in School – COVID-19**

Two teaching staff and two students in Primary 1 and 4 respectively were confirmed to be the COVID-19 cases. Please take note of the following information from Centre of Health Protection (Department of Health) as well as the reporting of confirmed cases.

#### **Clinical features**

The most common symptoms of COVID-19 include fever, dry cough and fatigue. Other symptoms include loss of taste or smell, nasal congestion, conjunctivitis, sore throat, headache, muscle or joint pain, skin rash, nausea or vomiting, diarrhea, chills or dizziness. Some people may only have very mild or non-specific symptoms, while some may develop severe symptoms like shortness of breath, chest pain or confusion.

Complications may include respiratory failure, acute respiratory distress syndrome (ARDS), sepsis and septic shock, thromboembolism, and/or multi-organ failure including injury of the heart, liver or kidneys. There are reports that children and adolescents with COVID-19 may develop a rare but serious condition known as multisystem inflammatory syndrome in children (MIS-C), leading to multiorgan failure and shock.

#### **Prevention**

##### **COVID-19 vaccination**

- COVID-19 vaccines are effective to protect people against COVID-19 disease, in particular severe illness and death.
- Vaccination is one of the tools in the overall public health response to COVID-19. The combination of non-pharmaceutical interventions (NPIs) with vaccination will allow for maximum protection against the virus.
- With COVID-19 vaccines deployed, there is a need to continue NPIs, including social distancing, good hand hygiene and wearing a mask in public, to reduce the risk of virus transmission. NPIs should continue to be followed by vaccinated individuals, as well as those who have not yet been vaccinated.

#### **Health advice**

Members of the public are urged to go out less and reduce social activities such as meal gatherings or other gatherings, and maintain appropriate social distance with other people as far as possible.

To maintain at all times strict personal and environmental hygiene is key to personal protection against infection and prevention of the spread of the disease in the community:

- Well-fitted surgical mask can prevent transmission of respiratory viruses from ill persons. It is essential for persons who are symptomatic (even if having mild symptoms) to wear a well-fitted surgical mask;

- Wear a surgical mask when taking public transport or staying in crowded places. It is important to wear a mask properly, including hand hygiene before wearing and after removing a mask;
- Avoid touching your eyes, mouth and nose before washing hands;
- Perform hand hygiene frequently, especially before touching one's mouth, nose or eyes; before eating; after using the toilet; after touching public installations such as handrails or door knobs; or when hands are contaminated by respiratory secretions after coughing or sneezing;
- Cover your mouth and nose with tissue paper when sneezing or coughing. Dispose of soiled tissues into a lidded rubbish bin, then wash hands thoroughly;
- Wash hands with liquid soap and water, and rub for at least 20 seconds. Then rinse with water and dry with a disposable paper towel. When the hands are cleaned, do not touch the water tap directly again (for example, using a paper towel to wrap the faucet before turn it off). If hand washing facilities are not available, or when hands are not visibly soiled, performing hand hygiene with 70 to 80% alcohol-based handrub is an effective alternative;

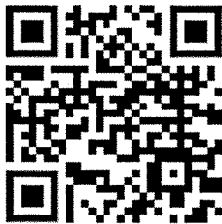
For details, please refer to thematic website: <https://www.coronavirus.gov.hk/eng/index.html>

**\*\*If a student is confirmed with COVID-19, parents should inform the school and report to the Department of Health immediately. Quarantine order must be sent to school office as soon as possible.**

Should you have any enquiries, please contact Mr Yip Heung Wing or Ms Rukhshinda at 2386 8049.

Thank you for your attention.

#### COVID-19 Thematic Website



#### Online Self-reporting for COVID-19 Patient



(Rapid Antigen Test)



(Nucleic Acid Test)

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(Ms CHUI Sau-man)  
Headmistress