



Li Cheng Uk Government Primary School

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Parent-Teacher Association

Notice: 12/2025-26

20.11.2025

Dear Parents / Guardians,

Parents' Talk and Parent-child Interaction Workshop on Healthy Lifestyle

To support you in fostering a healthy lifestyle for your family, our PTA is pleased to co-organise a Parents' Talk and Parent-child Interaction Workshop with the Soul Garden Whole Person Development Centre. Details are as follows:

Date:	Tuesday, 2 December 2025
Time:	2:00 p.m. – 2:45 p.m. (Parents' Talk) 2:45 p.m. – 3:20 p.m. (Parent-Child yoga workshop)
Venue:	School Hall
Content:	• Healthy tips shared by experts. • Learn various ways to relieve stress. • Fostering positive parent-child bonds through yoga

● Registration Information:

1. Quota is limited to 25 parents for the talk and 25 parent-child pairs for the workshop (one parent and one child per pair)
2. If applications exceed the quota, a lottery will be conducted by the PTA Committee to confirm participants and create a waiting list.
3. The deadline for applications is **24.11.2025 (Monday)**. **Late applications and walk-in participants on the day will not be accepted.**
4. Confirmation message will be sent to applicants via eClass on 25.11.2025 (Tuesday).
5. If a confirmed participant is unable to attend, please inform Ms Fu on or before 28.11.2025 (Friday). The place will then be offered to the next parent on the waiting list.

Your active participation is vital in our shared mission to promote our students' well-being. Please return the reply slip in the e-notice **on or before 24.11.2025 (Monday)**. Should you have any enquiries, please contact Ms FU (Deputy Headmistress) at 2386 8049 during school hours.

Thank you for your attention.

(Ms CHUI Sau-man)

Headmistress

Reply Slip

Parents' Talk and Parent-child Interaction Workshop on Healthy Lifestyle

PTA Notice: 12/2025-26

Date: _____

To: PTA Chairperson and Headmistress,

I have read the PTA Notice No. 12/2025-26 dated 20.11.2025 and I fully understand its content.

☐ I wish to

- attend the Parents' Talk and
- join the Parent-child Interaction Workshop on Healthy Lifestyle with my child, _____.

(Please write child's name)

☐ I do not wish to attend the Parents' Talk and Parent-child Interaction Workshop on Healthy Lifestyle.

Student's Name: _____ () Class: P.

Parent's / Guardian's Signature: _____ Contact number: _____

**Please ✓ the appropriate box.*