



Li Cheng Uk Government Primary School
Shenzhen Nanshan Foreign Language School (Group) Keyuan Primary School



Briefing on Beijing Joint School Exchange Tour (2026/27)

Departure Date: 27 October 2026

Sponsored by the Education Bureau of the Government of HKSAR
Organizer: Hui Tong International Travel (HK) Co., Ltd.

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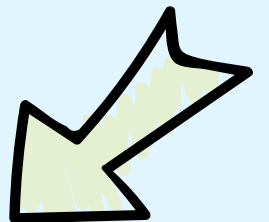


01 Learning Objectives



Learning Objectives

- ◆ Learn about Beijing's history and culture
 - ◆ Enhance students' communication and strengthen cultural exchange between LCU and Shenzhen
- Nanshan Foreign Language (Group) Keyuan Primary School



Learning Activities

Before the tour

Browse relevant websites
and read books or
journals before departure

Practice singing
“Count on Me”

https://www.youtube.com/watch?v=V-ivEAzBiXI&list=RDV-ivEAzBiXI&start_radio=1



During the tour

- Engage in activities with students from Keyuan Primary School and **treat each other with mutual respect**
- After dinner every day, share your experiences from the trip and consolidate what you have learned with your schoolmates

Learning Activities

After the tour

- Select your favourite photo from the photos you took during the tour, with an introduction of 50 words and upload it to Padlet



- Complete the booklet on or before 2 November 2026 (Monday)



02

Itinerary



Details of Gathering & Dismissal

Gathering

Date:	27 October 2026 (Tuesday)
Time:	5:30 a.m.
Venue:	LCU

Dismissal

Date:	30 October 2026 (Friday)
Time:	About 9:30 p.m. (Subject to the arrival time of the flight)
Venue:	LCU

Remarks:

- ★ Please **be punctual** and make sure you have **brought all relevant travel documents**
- ★ **Latecomers have to go to the airport by themselves**
- ★ **No fees will be refunded if you miss the flight**
- ★ Please **keep your mobile phone switched on**

Flight Information

HK to Beijing

Date: 27 Oct 2026

Flight: CA108 (Air China)

Departure time: 08:30

Arrival time: 11:45

Beijing to HK

Date: 30 Oct 2026

Flight: CA107 (Air China)

Departure time: 16:15

Arrival time: 20:00

- The time is estimated and may be advanced or delayed according to the actual situation

Day 1 (27 October 2026)	
5:30 a.m.	• Meet at LCU
5:50 a.m.	• Coach to HK International Airport (Flight: CA108 08:30-11:45)
PM	• Visit Juyongguan Great Wall
	• Reflection and sharing session

**** The itinerary time and order will be adjusted according to the actual situation, and the final arrangement shall prevail.**

Day 2 (28 October 2026)	
6:30 a.m.	• Breakfast
AM	• Visit Yuanmingyuan Ruins Park
12:00 noon	• Lunch
PM	• Visit The Palace Museum (Forbidden City)
	• Dinner & Reflection and sharing session

**** The itinerary time and order will be adjusted according to the actual situation, and the final arrangement shall prevail.**

Day 3 (29 October 2026)	
6:30 a.m.	• Breakfast
AM	• Visit National Library of China
12:00 noon	• Lunch
PM	• Ancient Book Restoration Experience
	• Visit Olympic Park (Bird's Nest & Water Cube)
	• Dinner & Reflection and sharing session

**** The itinerary time and order will be adjusted according to the actual situation, and the final arrangement shall prevail.**

Day 4 (30 October 2026)	
6:30 a.m.	• Breakfast
AM	• Visit Temple of Heaven Park
12:00 n.n.	• Lunch
PM	• Back to Hong Kong (CA107 16:45-20:00)
9:30 p.m.	• Dismissal at LCU

**** The itinerary time and order will be adjusted according to the actual situation, and the final arrangement shall prevail.**

Introduction of Beijing

- Beijing is the capital city of China. With more than 21.8 million residents, it is the world's most populous national capital city, as well as China's second-largest city by urban area, after Shanghai. It is located in Northern China and is governed as a provincial-level direct-administered municipality with 16 municipal districts.
- Beijing is a global city and one of the world's leading centers for culture, diplomacy, politics, finance, business and economics, education, research, language, tourism, media, sports, science and technology, transportation, and art. It is home to the headquarters of most of China's largest state-owned companies and houses the largest number of Fortune Global 500 companies in the world, as well as the world's four biggest financial institutions by total assets.



Beijing Info (video)

<https://english.beijing.gov.cn/beijinginfo/>



Juyongguan Great Wall

- ◆ Explore the grandeur of the ancient architecture
- ◆ Experience the ingenuity of ancient military defense works

Overview

- ◆ Juyongguan Great Wall (Juyong Pass) is a historically significant section located about 60 km northwest of Beijing in Changping District. Dating back over 2,000 years, the current structure was largely built during the Ming Dynasty. It's a mountain fortress featuring the Yuan Dynasty Cloud Platform (Yuntai). It was known as a strategic pass that is "easy to defend and difficult to attack".



Yuanmingyuan Ruins Park



- ◆ Observe the ruins of the Western-style buildings and the traditional Chinese garden landscaping
- ◆ Gain insight into the historical background of its construction, its era of splendor, and the catastrophe of 1860
- ◆ Reflect on the lessons of history and bear history in mind while cherishing peace

Overview

- ◆ Yuanmingyuan Ruins Park comprises three sections—Yuanmingyuan, Changchunyuan, and Qichunyuan—covering a total area of 352 hectares. Originally constructed in 1707 during the reign of the Kangxi Emperor of the Qing Dynasty, it was a magnificent imperial garden.
- ◆ The site was first looted and burned by the Anglo-French Allied Forces in 1860, and the remaining structures were completely destroyed when the Eight-Nation Alliance invaded Beijing in 1900. Due to prolonged encroachment, theft, and human-induced damage, the garden was ultimately reduced to ruins.

The Palace Museum (Forbidden City)

- ◆ Discover the layout of the ancient central axis
- ◆ Experience the architectural arrangement and ritual standards of the Forbidden City, and gain insight into the lives of the Ming and Qing imperial families and court culture
- ◆ Admire the stunning scenery of red walls and yellow-tiled roofs set against the backdrop of autumn ginkgo trees and decode the aesthetic principles of ancient Chinese architecture

Overview

- ◆ The Forbidden City, also known as the Palace Museum or Gugong, is a massive imperial palace complex located in the center of Beijing, China. Built between 1406 and 1420 by the Yongle Emperor of the Ming dynasty, it served as the home of 24 Ming and Qing emperors for nearly 500 years until 1924.
- ◆ Covering 72 hectares (180 acres), the complex features 980 surviving buildings designed with traditional Chinese architectural symmetry and feng shui principles. Inscribed as a UNESCO World Heritage Site in 1987, it is now operated as the Palace Museum, housing a vast collection of Chinese art and historical treasures



National Library of China

- ◆ Learn about ancient manuscripts and the preservation of ancient texts
- ◆ Learn and gain hands-on cultural heritage conservation experience

Overview

- ◆ The National Library of China (NLC), located in Beijing, is the national library of the People's Republic of China. Established in September 1909 as the Imperial Peking Library, it serves as the national repository, bibliographic center, and ancient books protection center of China
- ◆ With a collection of over 41 million items spanning 123 languages, it ranks among the world's largest repositories of Chinese-language documents and historical materials



Olympic Park (Bird's Nest & Water Cube)



- ◆ Learn how buildings are designed for strength, beauty, and energy efficiency
- ◆ Understand the Olympic spirit and Beijing's unique status as the world's first "Double Olympic City"
- ◆ Discover how the Water Cube was transformed from a swimming venue into a curling arena for the 2022 Winter Olympics, learning about simple ideas of innovation and technology

Overview

- ◆ Beijing Olympic Park is home to the iconic Bird's Nest and Water Cube, built for the 2008 Games and reused for 2022. It showcases sustainable architecture, Olympic history, and Beijing's unique status as the world's first "Double Olympic City."

Temple of Heaven

- ◆ Discover the science behind the ancient
- ◆ Understand the cultural meaning of "Heaven" in ancient China

Overview

- ◆ The Temple of Heaven is a UNESCO World Heritage Site in Beijing, built in 1420 as a sacred place for emperors to pray for good harvests. Its iconic circular halls, blue-tiled roofs, and the Echo Wall showcase ancient Chinese cosmology, acoustic wisdom, and imperial ritual architecture.



03

Accommodation



Hotel Information

日期 Date	10月27日-30日 October 27-30
名稱 Name	北京世紀華天大飯店 Beijing Century Huatian Hotel
地址 Address	北京市海澱區西四環蘭廣西路11號 No. 11 Landianchangxi Road, Haidian District, Beijing
電話 Telephone	+86-10-8885 6888



Wi-Fi is available. **Wi-Fi in Mainland China cannot use WhatsApp.** *Please help your children download and set up WeChat and RMB electronic payment (if necessary) before departure.*

Guidelines in the Hotel (1)

- 01 Upon arrival, please follow the tour leader's instructions and **familiarise yourself with the location of the fire escape.**
- 02 To ensure personal safety, **students are not allowed to leave the hotel during their stay.**
- 03 Check the facilities in the room immediately after check-in. Notify the tour leader or teachers of any repair or replacement, if any.
- 04 **It is strictly forbidden to change rooms without permission.**
- 05 It is **forbidden to enter the room of the opposite sex or allow classmates or strangers of the opposite sex to enter your room or stay overnight.**
- 06 **Keep quiet** and avoid disturbing others' rest.
- 07 Students must return to their rooms and stop all activities **before 10 p.m. Teachers will check the room at 10:00 and collect the students' mobile phones. If students require additional wake-up calls, please bring your own alarm clock.**
- 08 If a stranger knocks on the door, **do not open the door and call the front desk**, tour leader, or accompanying teacher immediately.

Guidelines in the Hotel (2)

09 Keep personal belongings (wallets, cameras, mobile phones, etc.) safe. Tablets and headphones are not allowed.

11 The hotel provides basic toiletries. Please bring your own toothpaste, toothbrush, shampoo, shower gel, slippers, etc.

13 Pay attention to the safe use of electrical facilities.

15 Always pay attention to the location of emergency exits and escape directions.

10 Please carry your valuables with you.

12 Additional expenses, such as long-distance calls, drinks, luggage handling fees, and the **"PAY"** sign on the hotel TV, are at the student's own expense. Please pay by yourself when checking out.

14 When using the restroom, please mind your steps to prevent slipping.

16 Remember to take away all luggage and personal belongings before checking out. Lost properties cannot be retrieved.

Meal Arrangement

1 The hotel provides a buffet breakfast. The main meal is served in a banquet style, usually in a restaurant. **Halal food will be provided.**

3 The meals are nutritionally balanced and generously portioned, with local specialities incorporated in moderation.

5 This tour is not an average gourmet or luxury tour.

7 **Cherish food and avoid wasting it.**

9 Due to food hygiene risks, students **should not** purchase takeaway food/drinks during their trip.

2 Each table has approximately 10-12 people. Please take the seat assigned by the teacher.

4 Any special dietary requirements, such as **food allergies**, should be **declared before departure** so the organisers can make arrangements.

6 To ensure that public funds are well spent, meals and accommodation arrangements are based on "safety", "hygiene" and "simplicity".

8 Maintain a tidy environment at all times and respect the natural surroundings.

10 Teachers will assess the health risks and, after consultation with the organiser, establish clear school-based requirements. Students must strictly follow school instructions.

✂ Please pay attention to food hygiene and comply with the arrangements.

04

Instructions & Precautions



Health guidelines

Before departure

- **Declare** any health conditions (such as heart disease, asthma, etc.) and **food allergies**.
- Check your own temperature; those with a fever (**$\geq 37.5^{\circ}\text{C}$**) should not travel.
- Consult your family doctor first if you have any medical concerns.
- **Prepare medications for fever reduction, colds, and diarrhea.**

Before or During the trip

- Maintain a balanced diet, get enough rest, avoid excessive stress, and pay attention to personal hygiene
- **Bring a certain quantity of medications for fever reduction, colds, and diarrhea.**

physical discomfort

- Seek medical attention and follow the doctor's advice before deciding whether to continue.
- Notify teachers or the tour leader/guide immediately during the trip.
- Seek medical attention immediately and inform your doctor/school/the tour guide.

Suspected infectious disease outbreak

- Care for the patient first and immediately isolate them
- Send them to the hospital if needed
- Rest in a hotel
- Report to the EDB

Travel tips for health and hygiene

- Before travelling, visit the Hong Kong Travel Health Service website (https://www.travelhealth.gov.hk/tc_chi/index.html) for the latest epidemic information and health tips, as well as health recommendations such as vaccinations.
- Bring tissues, 70%-80% alcohol-based hand sanitizer, and a mask.
- If travelling to areas affected by dengue fever, bring insect repellent containing DEET.



Centre for Health Protection
Department of Health
The Government of the Hong Kong Special Administrative Region



**Centre for Health
Protection**



**Facebook of Centre for Health
Protection**

Travel tips for health and hygiene

Food hygiene

- Patronize reliable and licensed restaurants.
- Ensure food is thoroughly cooked and avoid eating raw or undercooked seafood.
- Drink boiled water.
- Wash your hands before and after meals.

Mosquito-Borne Diseases

- Wear loose-fitting, light-colored, long-sleeved tops and long pants.
- Stay in air-conditioned accommodations or areas with mosquito nets.
- Apply insect repellent containing DEET to exposed skin and clothing.

Preventing viral gastroenteritis

- Keep your hands clean at all times.
- Clean vomitus and faeces with gloves and a surgical mask, and wash your hands thoroughly afterwards.
- Avoid areas contaminated by vomitus or crowded places.

Animals or birds

- Avoid wet and live poultry markets or farms.
- Practice hand hygiene regularly.
- Eat thoroughly cooked eggs and poultry.
- If bitten by an animal, seek medical attention immediately and receive appropriate vaccinations.

1. In addition to DEET, other insect repellents with different active ingredients are available on the market, including IR3535 and icaridin (also known as Picaridin). When using insect repellents, be sure to follow the instructions and precautions on the product label.
2. Alcohol is not effective in killing norovirus, and alcohol-based hand sanitizers cannot replace hand washing with soap and water.

Travel Documents

Please check and bring all your documents on the departure day

- If students fail to bring their documents, they will be refused entry
- Please double-check whether you have brought all relevant documents before the trip, for

example:

Age	Hong Kong Permanent Resident	HK Resident (Residing for less than 7 years)
Students reach the age of 11	(1) Hong Kong Juvenile Identity Card (with photo) (2) Mainland Travel Permit for Hong Kong and Macau Residents	(1) Hong Kong Juvenile Identity Card (with photo) (2) HKSAR Document of Identity for Visa Purposes (DI) (3) Mainland Travel Permit for Hong Kong and Macau Residents
Students under the age of 11	(1) Hong Kong Juvenile Identity Card (without photo) or HKSAR Re-entry Permit (2) Mainland Travel Permit for Hong Kong and Macau Residents (3) Identification document with photo issued by the HK Immigration Department (such as SAR passport)	(1) Hong Kong Juvenile Identity Card (without photo) or HKSAR Re-entry Permit (2) HKSAR Document of Identity for Visa Purposes (DI) (3) Mainland Travel Permit for Hong Kong and Macau Residents (4) Identification document with photo issued by the HK Immigration Department (such as SAR passport)

Students without Chinese nationality

- (1) a valid passport (at least six months before expiration)
(If you hold a new passport, please bring your old passport with a Hong Kong visa at the same time)
- (2) a China Visa or
- (3) Mainland Travel Permit for Hong Kong and Macau Residents (NCS)



Arrival Card Filling

- Parents should keep copies of travel documents
- Teachers will keep the original and copies of students' travel documents during the trip
- Please submit your travel documents to your teacher on or before 21 October 2026 (Wednesday)

Hand Luggage Rules

Allowance

1 bag per student

Max 7 kg



Liquids

Max 100ml per container

Must be in a clear sealed bag

Must Go in Hand Luggage

- Home Return Permit & HKID
- Mobile phone & charger
- Portable power bank
- Medication
- Jacket / outer layer



Checked Luggage Rules



Allowance

1 bag per student · **Max 23 kg**

Allowed

Clothing · Toiletries · Souvenirs · Non-
valuables

Not Allowed

Power banks · Lithium batteries · Home
Return Permit · Cash · Valuables

Immigration & Customs Rules

🚫 Prohibited Items

Meat and fresh produce

Plant seeds

Dangerous goods

Prohibited drugs

💰 Cash Declaration

Large sums of cash must be declared at customs as required.

⊗ ⚠️ **Never carry items through customs on behalf of someone else.**



Weather and clothing recommendations

The average temperature (reference only)

城市 City	北京 Beijing
最高 Highest	15°C
最低 Lowest	4°C

27	28	29	30
			
18° 5°	18° 6°	18° 8°	18° 6°

<https://www.accuweather.com/en/cn/beijing/101924/weather-forecast/101924>

Please dress according to the weather and the school's requirements.



Bad Weather on Departure Day



Black Rainstorm or Typhoon

Unless otherwise notified by the school, travel agent, or airline — **assemble as planned**



Allow Extra ◦ Travel Time

Leave home early to avoid traffic delays



Stay Connected

Keep your phone on. Monitor **WhatsApp / Wechat group** and school notices closely

Medication

Bring your own medication as needed (e.g., for colds, vomiting, flu, stomachache, dizziness, etc.)

If you need to take medicine for a long time, please prepare enough medicine prescribed by a doctor

Do not take medications provided by others.

Participants should not provide medications to one another.

Bring their own car sickness pills and vomit bags, and avoid drinking milk or eating cold food before boarding the bus



No medicine will be provided during the tour.

Pre-trip preparation (power supply, currency, communication)

Power supply

- ❑ Required: Adapter plug
- ❑ (two-prong or three-prong flat plug, depending on the region and hotel)



Currency



- ❑ Cash: We recommend bringing ≤¥300 in RMB (pre-exchange in Hong Kong, with small denominations for pocket money).
- ❑ Electronic Payment: We recommend using WeChat Pay or Alipay (set up before departure).

Communication

- ❑ Primary Communication: WeChat (**WhatsApp is unavailable** in mainland China. Register/log in to a **WeChat account before departure.**)
- ❑ Internet Options:
 - Hong Kong Prepaid Data SIM Card: The most reliable way to use WhatsApp (purchase before departure)
 - Mainland China Wi-Fi: Some require a mainland mobile phone number/WeChat account for verification, so that reception may be unstable.

Parents should be responsible for setting up the usage of the Data SIM card for communication with parents. Teachers will not be responsible for setting up.

Memo List

Travel Documents

- ❑ HKID, HK Passport, Re-entry Permit
- ❑ Permit Card (*Still valid on the return day)
- ❑ Passport & Visa (* If applicable)
- ❑ Photocopies of the above documents

Valuables

- ❑ RMB (recommended not more than 300 yuan)
- ❑ Mobile phone and phone /data card
- ❑ Watch
- ❑ Medicine(for carsickness, Gastrointestinal, colds, fever-reducing, etc.)

Hygiene products

- ❑ Towel, toothpaste, toothbrush, comb
- ❑ Shower gel, shampoo, conditioner
- ❑ Disinfectant hand soap, paper towels, wet wipes, masks

Others

- ❑ Stationery, study booklets, notebooks
- ❑ Travel adapter, charger/spare batteries, 3C power bank
- ❑ Thermos, water bottle
- ❑ Backpack or suitcase

Clothing

- The average daily high temperature of Beijing in October is around 15°C and the average nightly low temperature is 4°C.
- Prepare yourself and bring warm clothing such as a down jacket, gloves and a hat to stay warm outdoors.

Date	Outerwear	Accessories	Change of Clothes
27/10/2026	☐ Light brown or green down jacket ☐ School Winter PE Uniform ☐ School Winter Jacket with fleece jacket	Things to bring with you: 1. An umbrella 2. Tissue paper	1. Casual wear (1 set) 2. Underwear (3 sets) 3. Pyjamas (1 set) 4. Long socks (3 pairs) 5. Slippers (1 pair) 6. White sports shoes (1 pair) (Anti-slip and moisture-proof) 7. A Bath Towel 8. A Toothbrush and paste 9. A water bottle 10. School winter PE uniforms (2 sets)
28/10/2026	☐ Light brown or green down jacket ☐ School winter PE uniform ☐ School winter jacket with fleece jacket		
29/10/2026	Light brown or green down jacket, School winter jacket with fleece jacket, School winter PE uniform		
30/10/2026	School Winter PE Uniform, School Winter Jacket		



Winter jacket



Fleece jacket



Towels



短袖&長袖

Short/long sleeves
underwear



Pyjamas

Safety Rules

Personal safety

- Do not disclose your personal information to strangers
- Always follow the team
- Do not leave the event location without permission or act alone
- Stop when taking photos
- No looking at mobile phones while walking. No climbing dangerous spots.
- Students should refrain from playing mobile games during the trip.

Fire safety

- △ Immediately check the location of emergency exits and stairways upon check-in.
- △ Do not play with fire in the room.
- △ Use electrical appliances safely.

- Remember the meeting time and location and arrive 15 minutes before the meeting time



Traffic safety

- △ Pay special attention to the movements of vehicles around you before getting on and off the bus.
- △ You must wear a seat belt when driving.
- △ Strictly follow the traffic light instructions when crossing the road.
- △ Do not walk around in the car at will.

Visit and exchange

- △ You must observe discipline and be punctual.
- △ Please actively participate in all activities and no excuses for absences.
- △ Please maintain a team spirit and cooperate with others.
- △ When interacting and communicating, be proactive, friendly, and open.

Emergency Response Guidelines !

Situation	Action
Lost documents	➤ Report Team Leader/Teacher immediately ➤ Call the HK Immigration Dept [852] 1868
Accident/incident	➤ Mainland police hotline: 110 Fire alarm 119 Medical emergency 120 Traffic accident alarm 122
Robbery/assault	➤ Report to the local police first ➤ Contact the tour leader and the EDB simultaneously
Needing medical assistance/support	➤ Contact the tour leader ➤ See a doctor ➤ Keep the medical receipt ➤ Call the insurance company support center ➤ Return to Hong Kong application



 **Participants should abide by laws and social ethics while travelling or staying in Mainland China.**

Wireless navigation receiver



- When visiting museums and the sister school, a " Wireless navigation receiver " might be used.
- If it is **lost or damaged, a compensation of HK\$200 will be required.**
- Teachers and students can bring their own 3.5mm earphones

04

Travel Insurance



China Taiping Insurance (HK) Limited

□ Emergency Support: **(852) 2861 9283**

Arrangement of Withdrawal

- Only in exceptional circumstances, when a student is being granted sick leave with the provision of a registered medical certificate or is unable to depart as scheduled due to other important events with documentary proof, will the Education Bureau consider not withdrawing its funding for that student.
- If a student is unable to leave Hong Kong due to a lack of necessary documents or permits at the airport, such as a passport, a court-issued document, or a guardian's consent for departure, the fees paid will not be refunded. Sponsored students will be required to pay the full fare of HK\$4,600.
- Students who withdraw from the tour must also pay additional fees incurred due to the withdrawal. If the time is too urgent and there is no substitute student, the paid fees of the student who withdraws after the confirmation of the air ticket will not be refunded. The visa fee will not be refunded either.
- Note: The granted sick leave must cover the day of departure and be issued by a medical practitioner in Hong Kong.
- All doctor's visits, medical records, and receipts will not be accepted as cancellation documents, and the student will be required to pay the full fare of HK\$4,600.

05

Emergency Contact



Emergency Contact



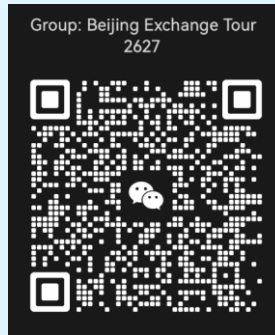
Huitong

(852) 9830 2690



Teacher in charge

Ms Cheung



LCU

(852) 2386 8049

Please send request as follow:
Class_class no._name_father/Mother



Safe Travels & Enjoy Beijing!

學有所獲·平安回港

We wish all students a rewarding and memorable journey.

Learn well, stay safe, and come home happy! ✈️ 🇨🇳

Li Cheng Uk Government Primary School
Beijing Historical & Cultural Study Tour 2026